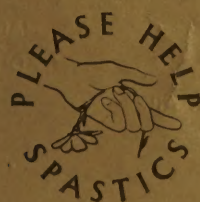


# Spastics News





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*Editor: Eve Rensaw*

September, 1963

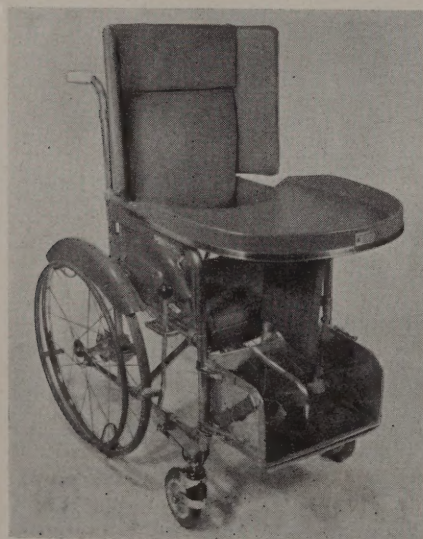
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*Front Cover: One of the Society's 1963 Christmas Cards, from the Old Master Series*

## THE NEW 'AMESBURY BANTAM'

*Alloy Lightweight Folding Wheel Chair . . . Children's Size*

*Spastic model CAS*



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# Rarebit a L'Anglais

## (A Recipe for Groups)

by A. M. Frank, Chief Regional Officer

### INGREDIENTS

**F**IRST catch your Chairman: the best variety will be kind, firm able, tactful, serene, patient, forceful, sensitive, sympathetic, imaginative, intelligent, subtle yet honest, clear and quick thinking, with the gift of leadership and the ability to organise and to delegate authority (perhaps difficult to find in the right condition and with all the right qualities—he often prefers shade and backgrounds, but will mature quickly to full flavour when forced and firmly bedded in the chair).

Beware the long-spouting variety—this promises a lot but is usually all words and no performance and is inclined to leave a dry taste in the mouth.

Next, pick a Secretary, affable, unflappable, willing, capable, hardworking, energetic, resolute, devoted, obedient, self-effacing and physically fit (just as difficult to find—but, once found, usually lasts a life-time).

Third, choose a Treasurer, worthy, trusted well-steeped in accounts and with a nice sense of balance, who is as happy to part with money to good purpose as he is to receive it. He will see that no penny is mis-spent or lost and that no opportunity is overlooked of adding to his funds by wise and prudent investment.

Fourth, raise a body of Members, keen sympathetic, active, loyal, willing and prepared to bear a hand on even the most trivial-seeming and unglamorous tasks without demur and without any blunting of their enthusiasm. Their number will vary from Group to Group and will depend on many factors—the lie of the land and its character, the needs and potentialities of its inhabitants, the personality of the Group and its standing within the community, its honesty of purpose and its ability to convince people that its aims and claims are real, necessary and feasible (no Group can have too many members—but they tend to become indigestible if they are not treated properly and given each a definite job to do).

### METHOD

Put the Chairman in the chair, elect the Treasurer and Secretary and appoint an Executive Committee to control the affairs of the Group.

The Group exists, and its members have joined, for one clear purpose—the welfare of spastics—but it is essential that its specific aims are carefully thought out and clearly defined: no successful general just tells his men to attack, he tells them also how, when and where to do his bidding.

Information is of vital importance when evolving a plan of action—and the first task will be to discover and record the handicaps and needs of every spastic in the area who wants to be helped. Along with this, a survey will have to be made of services provided, or planned, by the authorities and by other voluntary organisations. Help in this hunt for information will most probably be needed, and giving this help is part of the job of the Regional Officer and of the Local Centres Secretary and his staff; their work brings them in contact with local Health, Education and Welfare Officers, with Hospital Committees and with other voluntary organisations,

and Groups may always avail themselves of their experience.

Advertisement is also helpful—but the biggest draw of all is the news that somebody is doing something for spastic persons: this spreads fast.

A Centre to meet the greatest need or needs is a worthwhile target for any Group—and fund-raising is made the easier by having a specific object of appeal. Few Groups, however, will ever be capable of meeting fully every need that presents itself to them, and there is a danger of a Group's entire energies and attention becoming concentrated on the "bricks and mortar" of its building—so that the Centre ceases to be a means and becomes an end in itself. It may also be that the number of spastic persons in given area is too small to justify the expense of building or that most of their needs are being met already by other organisations. Whether or not a Group has a centre, there is, and there always will be, plenty or scope for action in other fields—breaking down the wall of loneliness which surrounds every house-bound spastic person by bringing him to meet the outside world and by bringing the outside world to him, giving parents the chance of a break and of sharing their problems with others by regular and informal meetings, providing holidays for spastics with or without their families, raising funds for the national project or purpose or to help a neighbouring Group to its target, or educating the public at large to accept spastics and to appreciate what the Society is trying to achieve.

Hammered out with the plan of action will be the details of the organisation required to accomplish it; there are sub-committees and local committees to be formed for specific ends and purposes and they in turn must build their task forces—the more members and helpers who can be involved the better for the work and for them. Many reluctant recruits have found the answer to their own problems in giving of themselves to the service of others. Inaction begets apathy, and apathy can be the last sickness of a Group. Recruiting must not be restricted to any particular class or category; where the will to help exists, the way will always be found. The pain of parents who learn that their child is spastic is a powerful stimulus and emphasises the urgency of the work to be done—but it is not necessarily work which they alone are fitted to undertake: others, though excluded from their suffering, are capable of an empathy and an understanding of the problems to be faced and can bring help to bear in many ways.

### TIME

The Group is here to stay—at least until the problems of cerebral palsy and its consequences are all overcome.

Be careful not to boil too quickly otherwise the Group will get burned out. Keep at a steady simmer over a fairly hot flame to extract the full flavour and benefit from all the ingredients.

*(N.B.—Words importing the masculine gender only shall include the feminine gender!). (Editor's Note: Mr. Frank can't cook, but he's a wonderful gardener.)*



# Christmas Cards

SEPTEMBER seems a shade early to most people for talk of Christmas cards, but if one takes stock of the rest of the world, September is late enough. Many commercial organisations start the Christmas season in the first week in June. If we hope to be competitive, then we must at least start on an equal footing.

Strange to relate, little hostile criticism is evoked by this early onslaught. It is true that a clergyman in Woodford was bitterly opposed to receiving Christmas literature six months to the day after the previous Christmas, but he is the exception.

The Christmas card potential in this country is tremendous. Over 600,000,000 Christmas cards are sold each year and this increases by between 5 per cent and 10 per cent annually. In America the total Charity cards sold represents 10 per cent of the market, whereas over here it represents less than 5 per cent.

Nationally, The Spastics Society is among the largest charities selling cards—The National Society for Mentally Handicapped Children would appear to be the leading charity in this field. Giants such as UNICEF who sell 30,000,000 cards annually, only sell 2½ million in the United Kingdom. Certain charities such as the Save the Children fund have done very successfully in a very short time indeed.

## Spastics Cards Ltd 1962

Spastics Cards Limited was set up by the Spastics Society to sell Christmas cards early in 1962, and last year its first year of business.

Total card sales last year went over the 2¼ million mark for the first time and the turnover doubled—from £30,000 to £57,300.

## 1963

The Christmas card programme for 1963 is already well under way. The range of cards, calendars and wrapping paper offered in 1963 is the most comprehensive ever attempted and already over £5,000 worth of cards have been dispatched—mainly to Groups, we are glad to say! Enquiries are coming in from all over the world and numerous business houses have already selected and ordered their cards or calendars for Christmas.

## Publicity

A successful press conference was held in July, when the Society was host to representatives from the principal women's journals. Numerous editors and correspondents examined a Christmas cards and seals exhibition at Park Crescent, and were impressed both by the designs and presentation and by the gigantic task the Society has in hand.

Cards are again being sold at the reception desk at Park Crescent this year—last year £700 worth were sold.

Spastics cards have taken part in a number of local events including the Hanwell Carnival, at which they entered a



float which received a highly recommended award, and the Hanwell Boy Scouts' Fête, at which they sold cards. Participation in these activities help locally and ensure that everyone will know about spastics generally and Spastics Cards in particular.

Christmas cards have one peculiarity which, to the best of our knowledge is not shared by any other merchandise, with the possible exception of motor cars, and that is they engender universal expertise. Everyone is an expert on Christmas cards. If *they* like a card—it will sell, if *they* don't like a card—it won't. If *they* think it too dear—it is, if *they* don't think it too dear—it is not. C'est ça—c'est suffi. Unfortunately this is not so! The card one likes least sells best and vice versa. The only trends one can take any note of are the sales trends—they tell the story. It is true the story is history as soon as one looks at it, but it usually reveals a trend which can at least be followed and assessed.

All profit made by Spastics Cards Limited is returned to Groups—either directly or indirectly. Cards are sold to Groups on a sale-or-return basis, and are over-printed "Printed by Spastics" or "Purchased in Aid of Spastics". This is first-class publicity.

Well, that was Christmas cards 1962/63. Your co-operation is earnestly asked, to make 1963 a record-breaking year.

John Kellett.



# A Visit to Singapore Centre

by Shirley Keene

MISS YAP opened her black-fringed eyes very wide and said "Field House is so cosy and homely". I looked up at the lofty porticoed porch and laughed at her. Field House, the Spastic Children's Association of Singapore Centre, was lovingly built in the French Colonial style by a Chinese gentleman for his French wife. It is set in spacious grounds with terraced lawns and flowering trees. It didn't look at all like my definition of "homely".

It is a beautiful house with vast halls, marble floored, a graciously sweeping staircase and lofty rooms, cooled by electric fans. The long hall on the first floor is used for physiotherapy and a classroom and the office are on the same floor. The Matron has a flat there also. There are two classrooms on the ground floor, a kitchen and a vast central hall. Smaller rooms outside the house provide other classroom accommodation and, built at the back of the house, is a "play-shed". This is an open, roofed-in structure where most of the big toys, large swings, see-saws and a garage of tricycles and toy cars are kept. The heat of the sun is so intense that the children must be under shelter to play outside.

The Spastic Association of Singapore was established in 1956 after a New Zealand Spastic, Miss Paulette Leaning, had given an inspiring talk to the Singapore Rotary Club. Members of the Club and the medical profession started the ball rolling and by the following year a class was being run twice a week for ten of the most intelligent spastic children. The inaugural meeting of the Spastic Association was held early in December, 1957, and the Singapore Government granted the Association the use of Field House in January of 1960. As Field House is let to them on a monthly basis, the Association feels that their position is a little precarious and has set up a building fund target £25,000. It is planned that the new Centre will have room for 150 children.

The Association has over 530 spastics on its register and an average increase of eight each month. It estimates that one per thousand of children under 12 is spastic. This is lower than the estimated figure in Britain but, of course, the standard of living is lower and, therefore, premature and delicate babies are less likely to survive.

The Centre has room for 53 pupils, aged between 4 and 16, and, as is usually the case at the beginning of work for the cerebral palsied, can only accept children who are educable and likely to show improvement. Also, all the children must be continent. The Association is aware that very many more spastics need help but must impose selective standards until their funds permit expansion. Therefore, some of the children seemed comparatively lightly handicapped compared with



children in many centres in England, where lightly handicapped spastics are accepted in other types of schools.

The Centre has three teachers who are seconded from the Ministry of Education and two part-time physiotherapists, loaned from the hospital. One other physiotherapist attends in a voluntary capacity and there is a speech therapist and occupational therapist. The Centre is, at the moment, short of two teachers, and in common with many Centres in England, could do with more therapists. Other paid staff are the Matron, three drivers—one doubles as an office assistant—an amah, a gardener and two spastic assistants, very busy young men. One of them takes the basketwork class.

The School is tremendously helped by voluntary workers. There are over a hundred of them on the rota, supplementing the teaching staff with specialist help for typewriting classes and sewing classes as well as undertaking the "three R's". Many of these volunteers are European women freed from their housekeeping duties by economical help in the house. They assist on the sub-committee and do invaluable work in the appeals field.

I was collected from my floating luxury hotel, the *Orsova*, by the Matron, Mrs. Khor Khim Kooi, wearing an enchanting cheongsam which she promptly changed when we arrived at the Centre, for the day was hot and sticky. It was the children's first day back to school after the holidays and I met a small group of teenage girls, participating in a sewing class in the airy ground floor hall. There were three sewing machines and the girls were all making themselves a samfoo. (A Chinese pyjama costume.)

There are no European children at the Centre they are Chinese or Malay and wear a gay uniform of red gingham, brief frocks for the girls and shirts for the boys. The colour sets off their golden skins, dazzling teeth and huge dark eyes, most distractingly. The two morning teachers are both Chinese, Mr. Tan and Miss Yap, and they shook their heads



*Lessons are learned on the cool floor, on rush mats, but are otherwise very like lessons in England*



despairingly over their pupils, undisciplined after a fortnight's holiday. I wandered into Mr. Tan's painting class and stood well back for some of the children had evolved a type of pointillism which could be positively dangerous to the onlooker.

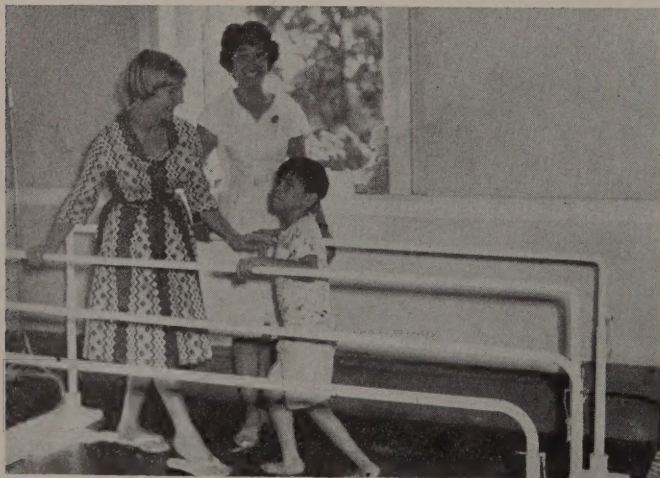
The children are brought to the Centre in three school buses, known as "ambulances", two of which were donated by the Reuben Meyer Trust and one by the Rotary Club of Singapore West. The Rotary Clubs have been immensely helpful, raising the original money with which the Centre was started and contributing in many other ways. The playshed was one of their gifts.

I met and played with many of the children and gave a little talk, feeling a little doubtful whether they would understand my English. Their knowledge of languages terrified me. Of one eight-year-old Miss Yap said "He is speaking quite good Mandarin Chinese". "That means he has at least three languages?" I enquired. "Oh, more than that" she said, "He speaks English, Malay, Mandarin and about four Chinese dialects!"

I was presented with a beautifully made basket by one of the older girls and then we had a mad photography session. The whole establishment was in it. Everybody arranged themselves on the steps, then it wasn't right so we started all over again. The children all got the giggles and devoted grannies and amahs fluttered about tweaking their charges' clothing and hair into position and advising on camera angles. We all had a ball!

People kept on dropping in through the day and I would be involved in a flurry of questions. We drank innumerable cups of coffee and finally departed for lunch at 4 o'clock. Mrs. Khor had changed into her white Matron's cheongsam and then put on a green one for lunch. When we came back and set about departing for the ship, I asked expectantly, "Aren't you going to put on another one to see me off?". And she did, a really devastating one of old rose.

Four of the children came with us, the afternoon teacher and two of the volunteers. Mrs. Swan, kind and Scottish, stopped off on the way and bought me a bunch of orchids. A BUNCH!!! We were a little late so I scurried up the gangway to park my orchids in the basin while I waved goodbye. In my cabin more orchids awaited me. I didn't know so many orchids existed. My cabin can still outdo Chelsea Flower Show.

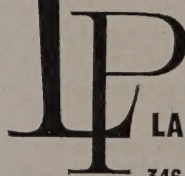


*Physiotherapy by Miss Lin Peck Ngoh, a voluntary helper, with encouragements by Shirley*

## APPOINTED OFFICIAL PUBLISHERS OF YEAR BOOKS TO THE SPASTICS SOCIETY



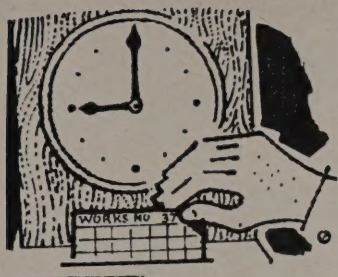
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# SPASTICS AT WORK

News of interest from the Employment Department contains the following items:

**Robert Bennett**, from Bethnal Green is employed as a gardener's labourer by the L.C.C.

**Betty Bennetts**, from St. Agnes is working a local paper round.

**Martin Booth**, from Norton-on-Tees is employed as a gardener at a local Nursing Home.

**Patricia Brady**, from Guiseley who attended a recent Assessment Course is working on a trial basis in the Cafeteria of a nearby Hospital.

**Ann Brimble**, from Nottingham is employed by a local Uniform Company. Her work consists of putting buttons on garments.

**Denise Castle**, from Ilkeston will commence work as a packer for a local hosiery firm at the end of the Summer Term.

**Ian Cooper**, from Dagenham who attended a recent Assessment Course is working in a local factory. His duties include sewing buttons on cushions and packing them.

**David Edwards**, from Dagenham who attended a recent Assessment Course is employed as an internal messenger in a local factory.

**Ian Grant**, from Newark who attended the Whitsum Camp at Woodlarks is employed on a trial basis by a local ball-bearing company.

**Philip Gray**, from Middlesbrough who attended an Assessment Course last year and subsequently underwent training at Messrs. Joseph Lucas, Birmingham, is commencing work in Sheffield in the middle of August.

**Patrick Head**, from Brixham is employed in a local Green-grocery shop.

**Jean Hodder**, from Bristol has recently commenced employment.

**Royanne Hood**, from London who recently completed training at the Chester Office Training Centre (Stockport branch) is now working in an office in Brixton. Her duties include Addressograph work and filing.

**Joy Payne**, from Goring-on-Thames has changed her job and is working for a trial period in a printing firm.

**Ernest Jones**, from Wellingborough who trained at Sherrards, is doing drilling and tapping work for a firm in Northampton.

**Timothy Pickles**, from Brighton is employed on general duties in a furniture factory at Patcham.

**Brenda Roberts**, from New Tredegar who attended a recent Assessment Course is working temporarily in Cardiff whilst awaiting training.

**Kenneth Roberts**, from Porthcawl who previously did Homework for the Society is now working at home for an outside firm.

**Michael Rubenstein**, from Bethal Green has commenced work as an unskilled general assistant for a Company in Wapping.

**Christine Smith**, from Watford who is awaiting a vacancy at the Chester Office Training Centre has obtained temporary work at a local firm of Cleaners.

**Ronald Smith**, from Birmingham, following a course of training at Fircroft College is commencing work at a Children's Home in Nottingham.

**Geoffrey Walker**, from London is starting work as a trainee draughtsman at the beginning of August.

**Godfrey Webber**, from Penzance will shortly commence work at the Redruth Rempoy.

**Geoffrey Wood**, from Chiswick is employed in the Quality Control Department of a manufacturing concern in Isleworth.

**Roger Yerbury**, from Newbury who attended a recent Assessment Course and subsequently received training at Messrs. Joseph Lucas, Birmingham has commenced a trial period of employment with an Electrical concern in Hungerford.

The Homeworkers Scheme has enrolled the following new Jewellery makers:

**Mary Chamberlain, Gillian Hackett, Jean Kyle-Smith, Peter Piggott, Susan Scase.**

And **Geoffrey Wilson** has joined as a printing machine operator for Christmas and Birthday cards.



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# THE ENTERPRISE CAMP

by  
**M. R. Morgan**

photographs:  
**John Bundock**

**C**AMPING this time, at Woodlarks, near Farnham in Surrey. Sometimes in hotels, sometimes at a college, occasionally on board a ship—and now in tents! The young people who are known to the Careers and Employment Department certainly see—and experience—life!

Handicapped people, young and old, have had memorable holidays at Woodlarks for many years, but our Enterprise Camp was a very special one. This time all the work—and that included preparing vegetables, cooking all the meals, washing-up, cleaning baths, chopping wood and all the other camp duties—was done by the 22 young spastics, with, of course, some direction and guidance from Miss Morgan, Mr. and Mrs. Hargreaves and several other very willing helpers. Five of our campers were in wheelchairs and several others had difficulty in walking,

but everyone was allocated to a special group and each of the five groups took over a section of the work for a whole day. Those on washing-up duties said that they had never seen so many dirty pots and pans before; the potato peelers got blisters on their hands, and so did the wood choppers, but there was plenty of Elastoplast and everyone went on with their duties—blisters and all; the ablutions had never been so clean, and it was good fun taking off your shoes and hosing the floor—and anyone else who happened to be about; the chocolate blancmange somehow went wrong, but it was all eaten up and apart from that the food was wonderful; sleeping in tents in a thunderstorm was exciting, and the only one who would not go to bed until it was all over was one of the young helpers!

But it was not all hard work. At 10 o'clock each day we all stopped what we



*Sometimes the washing up seemed to go on and on and on. But with cheerful teams on shifts it was really soon done*

were doing and after the flagbreak had a short service, with campers taking the Bible reading in turn. The weather was wonderful and we all downed tools as soon as we could and made our way to the swimming pool. Set in the middle of the woods, this lovely pool was enjoyed enormously, and nearly all the campers—and certainly all the helpers—were in the water two or three times a day. Several of the young people had never swum before and those who had were soon trying out new strokes.

As well as swimming our campers tried out many other new sports, of which the most exciting probably were riding, at a nearby riding stables, and boating on Frensham Lake. Arrangements for both the boating and riding were very kindly made for us by Col. and Mrs. Strover, the founders of Woodlarks, and we were most grateful to them for their interest and help. Archery, rounders, tugs-of-war, sprints, wheelchair races and all sorts of other sports—we tried our hand at everything. Then there were observation hunts, initiative tests (one group walked  $4\frac{1}{2}$  miles and took three 'buses back!), camp fires and discussions, and on two evenings we were glad to welcome some of the girls from Woodlarks Workshop, a number of whom are spastics. On one evening they joined our quiz and on the last evening our party and concert. Each group contributed an item, including our visitors from the Workshop, and the concert was rounded off hilariously with Mr. Hargreaves and his puppets, Danny and Katy.



*Advisers and spectators make sure the tent peg goes in just the right place and at just the right angle*



A description of the camp would certainly not be complete without mentioning Pat, Don and Dave, the three senior Scouts from the Enfield and Westminster companies, who came for the week-end only and were still with us at the end of the week. Apart from their stalwart help, they created quite a diversion for some of the girl campers—handicapped and unhandicapped!

This was a memorable camp; we went home sunburnt, fit and very tired, but having survived the experience so well it now looks as though Enterprise Camps will be a regular item in the Careers and Employment Department's diary.



## SEASIDE ASSESSMENT

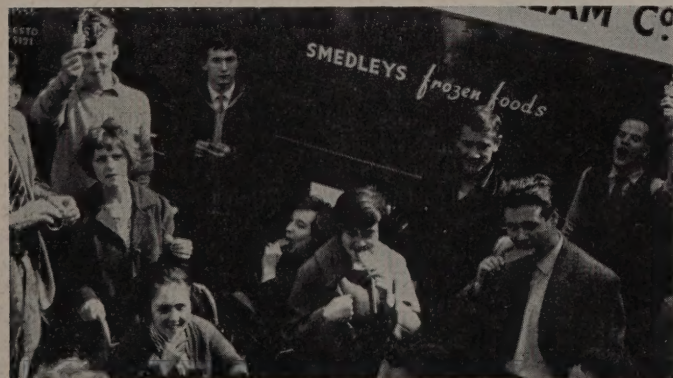
**T**HERE were goings-on on the Prom down at Cliftonville, when the Careers and Employment Department held its twentieth Assessment Course there, at the Hatherley Hotel. Twenty-nine young people (excluding staff!) joined the course, coming from as far afield as Plymouth, Sheffield, and Mold.

Eight or nine of the party needed wheelchairs to move around outdoors with any ease, but there was no shortage of willing helpers from among the other students.

Any delusions that the choice of Margate as a venue meant a holiday were quickly dispelled. The usual full programme of Assessment Course activities from 10.0 a.m. to 9.15 p.m. was carried out, except for Saturday afternoon when there was a coach tour, and Sunday which was free, apart from an evening discussion.

The students did, however, make very full use of what free time there was between sessions, getting out and about the district, and they quickly determined which local cafés had the best juke-boxes. We were fortunate in that the fine weather encouraged active use of free time, especially with the sea front very near.

Visits to two very different factories were made—a knit-wear company and an ice-cream and cold storage company.



*At the East Kent Ice Cream Company. Ice lollies are pleasant at any time, but when you can mix business and pleasure! . . . Free samplers are Edwin MacKenzie, Ian Cooper, Pamela Trusdale, Stella Hewitt, Christine Ambort, Sylvia Fade, Walter Clarke, Mr. Allman and John Norton*



A morning visit was made to Canterbury Cathedral, where we saw a good deal, despite the difficult walking of some students.

Highlights of a course are difficult to pick out, but we remember with special pleasure the high standard of speeches in the public speaking competition, and the debate.

The latter was put on by general request. The students prepared their own speakers and arguments. All the staff did was give the neutral service of suggesting a motion and providing a chairman. "Pop records are not worth buying" brought an energetic debate.

A lively, but probably one-sided debate, must have taken place in a nearby sea front café on the last day of the course. Ian Cooper took samples of our jewellery round there and sold the proprietor £16 worth! Ian, for a lad with a speech impediment, is some salesman—but it proves it can be done.

*S. T. Allman.*



*Not a spy plot or a rehearsal for Faustus but an explanation of how a refrigeration plant functions. Edwin MacKenzie, Mr. Allman the Employment Officer, Walter Clarke and Christine Ambort are in the foreground with the engineer, with Stephen Walker and Ian Cooper behind*



# MEDMENHAM BALL

## The Stars Under Canvas

PLANS are now well under way for the setting up of the Stars' Organisation for Spastics' second project in Essex, a residential centre for 17 adult spastics. It is hoped to develop the centre in two years as a home for 34 adult spastics but for this to be possible the committee have to raise £60,000 urgently.

Many new functions are being planned, and the first of these was the Medmenham Abbey Ball which was organised by Mr. and Mrs. Paddy Stubbs in the grounds of their delightful 12th Century home.

The Abbey was originally the home of Sir Francis Dashwood and it was there he founded the notorious "Hell Fire Club" in the 1750's. But, for the party, it wasn't possible to accommodate the 500 guests in the house, and two tents, one for dancing and one for food, were erected on the lawns. Guests had a very clear view from the tents of the Abbey, floodlit with the rose garden in the foreground.

Crockford's organised a gambling casino in which Boule and Chemin de Fer were played. Many an anxious wife was seen leaning over her husband's shoulder!

At midnight guests crowded into the big tent (draped in pink and lilac net), to sit on the floor and listen to the cabaret. David Jacobs introduced Vera Lynn and Dennis Lotis who were accompanied by Tony Osborne. Leading the applause for the cabaret was The Countess of Westmorland, President



of the Stars' Organisation for Spastics, with Eric Robinson, David Nixon, Hy Hazell, Maudie Edwards, Gabrielle Brune, Charmian Innes, Stephanie Voss, Margaretta Scott, Rupert Davies, and Mary Peach—all members of the Stars' Organisation for Spastics.

Immediately after the cabaret, David Jacobs invited all guests to sign a 10s. note. £72 was raised in five minutes—a smart piece of collecting!

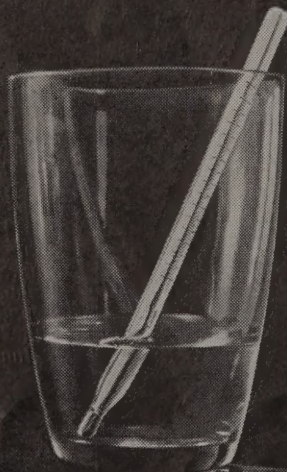
Two magnificent raffles were held during the evening. The first prize was a holiday in Bermuda for two and the second a Philip Patek watch which was donated by a guest who had flown from Geneva to the ball.

Requests are already being received for tickets for next year's ball.

*S. Rawstorne.*

minor ailments of today

feverishness



When your body is fighting germs, its temperature regulating mechanism is disturbed and your temperature rises. We say, inaccurately and sorrowfully, that we 'have a temperature'—when what we mean is that our temperature is above normal.

Now some people believe that a raised temperature helps your body to fight infection, and this may be true. But it is also true that 'a temperature' is very uncomfortable, and that you undoubtedly feel a lot better if you take something to bring your temperature down. Feeling better has a lot to do with getting better—and that is why most doctors prescribe acetyl salicylic acid for high temperature, and why most of us take 'ASPRO' when we feel a bit feverish.

Incidentally, 'ASPRO' brings your temperature back to normal and no lower.

Next time you feel feverish, don't forget 'ASPRO'. You will not only be taking one of the best and safest anti-pyretics or fever reducers, but also sparing the Doctor's time for those with more serious complaints. If your fever persists then is the time to consult your Doctor.





S.O.S. ★ ★ ★ ★

# ★ ALL STAR

★ ★ ★ ★ SHOW

**I**T is very difficult to try to describe this sparkling show because, of course, all the folk who read this magazine and who are interested in the work of the Stars' Organisation for Spastics will have made a point of watching the show on I.T.V.!

The studio was my first surprise—one knew they would have arc lamps of course, but who would have supposed there would have been so many that the ceiling was a cross-word puzzle of lamps and tracks and painted numbers—we saw a bulb being replaced, it was bigger than the largest brandy balloon glass ever seen! Then the colours—the studio floor was a rather bright pale green, and the back wall a paler green, the little café tables and chairs at one side being in all sorts of bright shades of red and green, with plastic ice-buckets on them with the golden necks of champagne bottles sticking out—all very gay.

## Warming Up

Before the show began there was a tremendous amount of milling about in the shadow of the producer's box at the back. Harry Secombe's well-known laugh was heard, a good deal of giggling from various members of the cast, and a loud popping of champagne corks. The producers, looking very relaxed, gave the audience a bit of welcoming talk and a few pointers on how to be a good audience, then introduced the stars in alphabetical order—Jill Browne, very sun-tanned, very blonde, in a little short dress of pink chiffon with tiny sparkling drops all over it, like a pink cream fondant. Margaretta Scott, in a long gray and white printed dress, with a high fuschia-coloured chiffon stole draped across the front of the neckline, caught at one side with a diamond brooch and the ends hanging down behind—tremendously effective. As time pressed the introductions moved more swiftly, apart from a slight delay in getting Harry Secombe to pay attention and come forward, for which he compensated by following the example of some of the lady stars and pressing a chaste salute on the producer's cheek. Then we were on/off?

## Lurex for Men!

After a short introductory talk by Brian Rix the actual show was opened by two very pretty blonde dancers, whose chiffon dresses were of all shades of yellow, and who carried baskets of carnation buttonholes which they distributed to all the male stars who were sitting at the café tables—Frederick Bartman, Derek de Marney, "Paul Carpenter", Charles Tingwell, and Wilfred Pickles I recognised, but the clutter of cameras and technicians spoilt one's view a bit, and it was sometimes easier to see the show on the little monitor screens dotted about the studio. The male dancers' black jackets had gold lurex threads in the weave—now I know why they seem to reflect the light when I watch them at home!

The first artiste was Eve Boswell, in a turquoise blue

slipper satin evening gown made in the grand manner with a little train and diamante embroidery across the front—a most attractive personality and a lovely singer. While she was singing, studio staff were draping an old gold velvet curtain at one side of the studio to form a background for the sketch which followed—Edward Underdown and Patrick Cargill being snobbishly suave while they measured John Blythe for a Savile Row suit—poor man! The show rushed



*Eve Boswell*

on, Dennis Lotis singing "What Kind of Fool am I", Bert Weedon unbelievably fast on the guitar, another sketch, this time with Graham Stark as a policeman (he had previously been patrolling the studio, hands clasped behind him, trying to frighten anyone in the audience possessing a guilty conscience). The pauses in the show while, presumably, the advertisements went out, were quite welcome breathers for the audience, there was so much to watch we were working quite hard! Alma Cogan appeared in a sugar-candy-pink dress with a huge skirt made of hundreds of floating feathers and a tight-fitting embroidered bodice—"You do Something to Me" addressed to Charles Tingwell who looked rather depressed when he had to admit he was married. David Jacobs had quite a time with a blonde in black lace and tights who wanted to be in the show, and Avril Angers and Libby Morris had trouble with some modern sculpture in the sketch which followed. Then we had Harry Secombe, serious for once because he was singing—"If I Ruled the World"—but only while he was singing, immediately afterwards he was making everyone laugh with his antics. The end of the show came with all the stars making a second short appearance, and then it was all over and time to leave the bright lights of the studio and make one's way, rather bemused, to the car park, with the sound of Harry Secombe's infectious laugh fading into the distance.

*E. V. Nelson.*



*Alma Cogan*



*Harry Secombe*



# News

## in brief

### Manchester and District



(Photograph: Courtesy Mrs. D. Smith of Cheadle Hulme)

A study in concentration—these youngsters at Manchester's "bumper" Garden Fête in the grounds of Rodney House are really living inside the Punch and Judy Story. Open by Don Arrol, and fortunate in its weather, the Fête was even more successful this year than usual

### Roy's New Workshop

A new workshop which has multiple power points with special isolation switches, an electric saw-bench and other



(Photograph: Courtesy of Wellington Journal)

Roy happily demonstrates his craft to Miss G. A. Montague and Mr. J. E. Mabbott after the official handing over of the workshop by Miss Montague

equipment, has been presented to Roy Matthews by the Shrewsbury & District Spastics Group.

Chairman of the Group, Mr. J. E. Mabbott, said Roy "overcame his disability through sheer guts and will-power". He now makes wooden lamps, clothes horses, screens, bowls and other items (see his advertisement on page 21 for prices by post).

We all wish Roy every success in the future.



### Sale, Altrincham

When the Sale and Altrincham Spastics Society held its Garden Party, one or two people very decently dropped in, as you see from our picture on the left.

Wonder if it was a successful affair?

(Above) Pat Phoenix and Phillip Lowrie (Elsie and Dennis Tanner of "Coronation Street") auction a lamp donated by Harry Secombe





*If we ran competitions among SPASTICS NEWS photographs, we think we'd choose this one as the most good-natured of the year—except for Mr. Baily with the golf club there, who we're glad to see is paying serious attention to what he's doing. Comedian Jimmy Jewell becomes a human tee peg for other stage stars and top-ranking golfers in an exhibition match at Heysham Golf Club, in aid of spastics. Left to right: Club captain Tom Bargh, Tony Coop, Harry Bradshaw, Ben Warriss, Billy Stutt, Harry Baily and Fred Daly. Mr. Daly had the best round, with a 72*

*(Photograph: Courtesy Lancs. Evening Post)*

### Carnival Capers

Stamford's event of the year, the carnival for spastics, was even more enjoyable this year as it toured streets which were packed full.

The carnival band led the revellers, followed the carnival queen in her carriage and a procession of floats and decorated traction engines.

A long-distance walk (which raised £66), was held the same morning; a Glavioli organ toured the streets and finally gave a recital in the car park; there was a display of traction engines and veteran cars; a band contest, sideshows and stalls.



*(Photograph: Courtesy of Stamford Mercury)*

*"Money or your Life!" was the theme of the Stamford carnival and very successful too*

Proceeds from the carnival were donated to the Lincolnshire Spastics Centre and the Wilfred Pickles' School for Spastics.

### Croydon

Croydon Spastics Society held a most successful garden fête at their new centre, Rutherford, Melville Avenue, recently. There was a full house and £320 was raised compared with £100 last year.



## THE BACCHOLIAN SINGERS

THE BACCHOLIAN SINGERS are to give a concert at the Guildhall, Andover, on September 11, to raise money for Spastics. Enquiries and tickets may be obtained from the South-Eastern Regional Officer, Mr. H. J. I. Cunningham, 29b Linkfield Lane, Redhill, Surrey.

On Tuesday, September 17, they are giving a concert at the Wigmore Hall in the West End of London. The concert starts at 7.30 p.m. and tickets at 10s., 7s. and 4s., are obtainable from the Wigmore Hall.





## **SHERRARDS TRAINING CENTRE**

### **1956 - 1963**

*by E. L. Knight, Principal*

**S**HERRARDS today is a Centre which has made vast progress since it was opened by the Society in December, 1956, as the first training establishment for spastics.

Initially designed for 30 young people, the recently-completed extensions have made it possible to increase this number to 66, at the same time enlarging the range and types of training offered.

Whilst in 1956, training and rehabilitation of handicapped persons had been part of our social system for some years, this venture at Sherrards involved something quite new—the habilitation of the cerebral palsied, and their training for employment. Our first trainees were, in effect, guinea pigs.

Sherrards has tried to provide both training for work and training for life. So often has it been said that he or she is a good "workman" but not a good "work-mate" and vice versa. The effects in training have always been directed towards reasonable standards in each aspect.

#### **Training**

To begin with departments were set up with the appropriate equipment to provide instruction and guidance in the fields of engineering, woodworking and printing. Elaborate training programmes, with closely-knit timetables embracing technical work and special study groups, were envisaged, but subsequent experience showed their early ideas to be a little ambitious.

Training "on the job" became our eventual approach and most of the local firms were canvassed for items of production work suitable for manufacture at the Centre. The friendly co-operation and help resulting from this canvassing has proved invaluable to the Centre and has been responsible in a considerable degree to the progress of Sherrards.

Whilst there have been certain additions in equipment, slight alterations in the lay-out of the workshops, and a few new training jobs introduced, the overall pattern has remained much the same over the years. The techniques and "know-how" regarding the approach to, and the guidance of, the trainees both individually and collectively has, however, been adjusted considerably, for wealth of knowledge has been gained through working so closely with them.

This, of course, applies also to the Residential Hostel staff where living with the individual brings about a very realistic understanding of his outlook on life.

Much concern and thought has to be given to the trainee, particularly on admission when he or she is, quite understandably, emotionally disturbed and apprehensive of the new life and surroundings. This apprehension takes many forms—increased involuntary movements, speech impairment increase, decrease in co-ordination and general communication and, of course, the tearful sessions. It might be of interest to note that the trainee who suffered perhaps most severely from this emotional apprehension, crying almost continuously for a week, has proved to be one of the most successful trainees and most valuable employee in open employment.

Assessment periods vary surprisingly for no two trainees respond at the same pace. As a result of the assessment, it is possible, in a

number of cases, to identify the trainee with a particular type of work operation which permits his specialisation.

In other cases, however, this is not possible and the aim is to train a boy or girl to be capable of a number of the more simple jobs involved in a general workshop, thus widening the scope for placement.

An outline of work-training given includes:

(1) Mechanical engineering of a wide range—power-driven and manually-operated machine tools, bench-assembly work, packing; (2) Plastic work, injection moulding; (3) Woodworking, power-driven machine operation, hand-tool work, assembly, staining and polishing, packing, etc.; (4) Electrical engineering work, radio and telephone cable forming, joint and terminal soldering; (5) General commercial training; (6) General domestic training.

A lecture room is provided in the workshop, where help, instruction and advice is given on facets of work training. The use of films and visual aids play a major part in the teaching carried out during the work training. Embraced within the overall training are visits to industrial establishments where trainees observe and learn to understand the demands of employment. These, linked with more socially educative visits, to London Airport, museums, historic houses, exhibitions and many of the interesting places in London and around, enable the trainees to grow in maturity.

#### **Education**

Often the trainees at Sherrards, especially those in the highest age group of the range 16-25 years, suffer from having had little or no education. The need for a minimum knowledge of both reading and numbers is obviously important to persons who are to take up employment.

Recognition of the wording of safety notices, canteen notices, simple notice board announcements, etc., is really vital, and it will be accepted that numbers occur quite often in most jobs—if only in the wages packet!

To assist in this direction, both the local and the County Education authorities have co-operated with the Centre, and, at no expense to the Society, have supplied a team of eight teachers, plus an organiser, for classes. These are held on Tuesday and Wednesday evenings, using the Schonell and Moray House methods for testing and assessment. Much success has been achieved.

Several of the trainees have progressed beyond the Sherrards classes and have continued their studies at the local College of Further Education—some even beyond this.

The need for mental expansion is also very apparent and, regular discussions are held where details and information are given on subjects many of which are accepted as common knowledge by the general community. Included in these are the operation of the N.H.I. scheme, the payment of Income Tax, the claiming of unemployment and assistance allowances, the working of the police force, the fire brigade and ambulance services, the business of Parliament and local government.

#### **Leisure**

Quite frequently social evenings are arranged, either within the Centre or, more often, away from it. Sometimes performances are given by trainees themselves but, whilst they enjoy this, the relaxation of being entertained proves valuable after energy-sapping efforts in the workshop.

Trainees are encouraged to make their own arrangements for weekends—perhaps visits to London, a trip to a football match, maybe a day on a "Rover" ticket, sometimes just a visit to the library or local cinema, or simply a ride in the motor chair or on the tricycle—these all display initiative and are greatly commended.

Participation in visits abroad—to Holland and Germany—have also helped the various trainees to understand the benefit to be derived from properly harnessing one's leisure time.

The use of two heated swimming pools has influenced the activities of a number of the trainees and, twice a week, sessions are held which have been both instructive and entertaining.

In winter the recreation room is popular, for the billiards, darts and table tennis are good mediums for competitions, for both sexes. The TV set given to Sherrards by Liberace in 1956 still gives excellent service—an amazing and satisfying record!

#### **Extensions**

Because of the ever-lengthening waiting list for training, the Society decided, in 1959, to extend the workshops and increase the number of places from 31 to 66.

The planning was quickly under way but proved to be a slow operation. It was not until March of this year that it was possible to welcome the extra trainees into the newly-completed Sherrards.

*Continued opposite page, column 2*





## MISS TOWNSEND

**M**ISS E. F. TOWNSEND, the Society's Senior Social Worker, has left the Society's service and has gone to work with handicapped children at the Ravenswood Foundation.

Miss Townsend was perhaps the Society's best-known ambassador. Hundreds of people throughout the country, spastic children and their parents, were warmed by her friendliness and perception, helped by her tireless efforts for them, comforted by her careful explanation of possibilities and alternatives, and relieved by her total indifference to red tape. She walked high wide and handsome through every barrier, formality and routine which stood between a spastic child and the help it needed, and she knew in detail all the kinds of help there are. The Committees, never ones to dally with form-filling either if there were a shorter or better way, backed her in all she did for the children, and parents gave her their trust and co-operation. One of them said to the SPASTICS NEWS, "I was dreading the visit of a social worker, much though we needed help for my little boy. I thought she would

be correct and chilly and would kind of inspect us—we've always kept ourselves to ourselves. Miss Townsend came in like a wave and sat down and said her feet ached. She gave us that beaming smile, and I knew everything would be all right."

She had three main interests—spastics, her fiancé and hats. The first interest has been all absorbing for some years; perhaps the second may now get pride of place. Whatever happens, the hats will always be there, indicating, in their cheerful tilt, that if all is not right with the world, something can be worked out.

Miss Townsend's colleagues, who have also benefited from her gaiety, kindness and patience, will miss her very much indeed. The Ravenswood Foundation is fortunate.

*SHERRARDS—Continued from page 14*

### Achievements

One could really introduce a Joadism here—"It all depends on what you mean by achievement!" From one angle, one could offer the case of the paraplegic girl who learnt to climb stairs for the first time in her life—the hemiplegic who learnt to read and manage his money—or perhaps the many who now understand what friendship is, and others—independence.

From the other angle one may offer the case of the athetoid who has retained his employment as a valued worker for three years now or the hemiplegic who completed her training in the record time of four months and was placed in employment. The number of successful placings surprises all the visitors to the Centre.

### Recognition

The Centre is recognised by the Ministry of Labour and from the outset the help and advice of the Ministry has been invaluable in the development of Sherrards.



TRICYCLES

FOR

SPASTICS

A range of Pedal Tricycles to assist the rehabilitation of spastic persons, young and old. Strong and reliable, supplied with loop or double bar frame to choice, in black or colour finish. Toe straps, backrest and 3-speed gear are available. Enquirers should state inside leg measurements.

*Full details and prices on application to the address below:*



JUVENILE MODEL

**GEORGE FITT MOTORS LIMITED**

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ADULT MODEL



# SPEECH DAY AT WILFRED PICKLES SCHOOL

**E**ND of term summer sun shone on Speech Day at Wilfred Pickles School, on July 30.

After the singing of the school hymn, one of the children presented the Marquess of Exeter, guest of honour, with a red carnation, and Lady Exeter with roses and carnations.

## Chairman

Mr. Eric P. Smith, Chairman of the Management Committee, said that during the past year the school had kept up its high standard and reputation, and it was hoped that plans for the extension of the school would be made in the current year, on the basis of current talks with the Ministry of Education.

Mr. Smith read a letter from Mr. Wilfred Pickles to the children, apologising for his unavoidable absence on Speech Day and urging them feelingly not to become actors, who were always working when other people were playing. He said he'd be up again soon.

## Headmaster's Report

In his Headmaster's report, Mr. R. A. Pedder said that throughout the year the general health of the pupils had been remarkably good. "I doubt whether we have had as much illness or infectious conditions as one finds in most other schools. I am quite certain that the excellent attention given to the school by the School Medical Officer is largely responsible. All the pupils here are thoroughly examined every term and careful attention is given to the coughs, colds, cuts and bruises that are inevitable in any community.

## Progress maintained

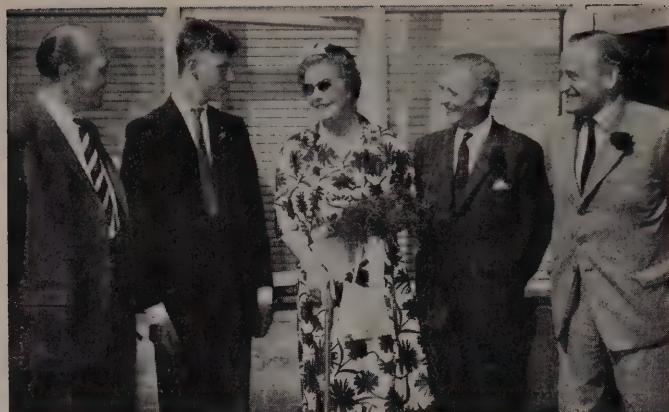
"I am pleased to report that, without exception, the pupils in this school have made reasonable progress in one or more aspects of their development. The general level of ability is improving, and there are few schools where children make the degree of progress that they have made here against such appalling odds. Some of the pupils in the part-hearing unit have made extremely good progress and it seems likely that one or two more of them may soon be able to leave the unit and take their places in the general stream of the school.

"I am very proud to think that we in this school have pioneered the work with the part-hearing C.P. children. I have recently had the opportunity of discussing this matter with teachers from many parts of the world. There is no doubt that we have caused considerable interest to be aroused and it may not be long before people in other countries will be following our example."

## School Leavers

During the year, Mr. Pedder said, "a special programme was operated for school leavers, involving visits to factories, public services and workshops, in addition to talks and discussions on grooming, social behaviour, National Health Insurance, Income Tax matters and many of the other types of questions that bedevil adults. I am sure that this has been beneficial and has given those pupils a more realistic picture of what they are likely to encounter when they leave."

In conjunction with the appropriate departments of the Spastics Society, plans involving all the school leavers had been made. Of the six pupils about to leave one would be attending a Training Centre course, on completion of which it was hoped he would be capable of open employment, one would attend an Assessment course so that his future prospects could be given more careful thought and attention, four would attend the first of the Further Education courses to be held at the Further Education Centre opening in the autumn, and one had been accepted for a Residential Centre where, in spite of the severity of his handicap, he would be able to live a full, interesting and cultural existence in company with others.



(Photograph: Courtesy Stamford Mercury)

Left to right: Major Pedder, Edwin MacKenzie, Lady Exeter, Mr. Eric P. Smith (Chairman of the Management Committee) and the Marquess of Exeter who gave away the prizes

"The parents of pupils can also play a most valuable part in the development of their child. There should really be no question of handing the child over to "Specialists" and then sitting back and hoping for the best. We can learn much from parents if only they would be more forthcoming. I know the distance between home and school is, in some cases, very great but I feel sure that arrangements could be made and I would welcome a more positive form of co-operation. After all, the details we have discovered regarding the physical and mental functioning of each child would, I am sure, give parents a better understanding of their child and would permit of even more co-operation and assistance during holiday periods.

## The Marquess of Exeter

Speaking to the children before giving away the prizes, the Marquess of Exeter told them some amusing stories; told them (at high speed) one or two of what he called "the normal things one says on occasions like this", and told them too, "Happiness comes from within. What makes for happiness more than anything else is being an extrovert—sharing what you are with other people.

"People who are lonely don't give themselves. But the happiness which grows is the best thing in the world, for it means that you have friends always—and physical handicap makes no difference to it."

Lord Exeter added, "If things come difficult to you now, don't think they necessarily always will. Much can be done by not giving up easily, and doing your best. And if you don't win through to your goal—well, you have won anyway, from knowing you have put forward the very best in you. No-one can do better than that."

A vote of thanks to Lord Exeter, and a welcome to friends visiting the school, was given by Edwin Mackenzie, head boy.

## PRIZE LIST

### CLASS PRIZES:—

Class 9—Bernadette Sloman; Class 8—Dennis Gladhill; Class 7—David Williams; Class 6—Michael Wilkinson; Class 5—Janet Parker; Class 4—Graham Allinson; Class 3—Audrey Williamson; Class 2—Shirley Woodhouse; Class 1—Edwin MacKenzie.

### SCHOOL PRIZES:—

School Leavers Bibles—Barbara Blades, Barry Bower, Teresa Evans, Mary Fitton, Pauline Hawksworth, Michael Hill, Edwin MacKenzie and Richard Wolff.

Needlework—Teresa Evans; Housecraft—Pauline Hawksworth; General Crafts—Terence Barton.

The Headmaster's Cup for Courage—Russell Wood. The Mr. and Mrs. Wilfred Pickles Cup for Effort—George Isle. The Mrs. Roy Mitchell Cup for Physiotherapy—Jane Pinfield. The Mrs. Tony George Cup for Speech Therapy—Barry Bower. The Halifax Cup for Initiative—Terence Cooper. The McCurdy Cup for English—Kevin Quain. The Stamford Spastics Society Cup for Swimming—Michael Hills. The Nottingham Friends of Spastics Cup for Sport—Champion House—Windsors—Captain: Edwin MacKenzie. The Management Committee's Cup for House Championship—House—Stuart—Captain: Michael Hills.



## Thomas Delarue School

Thirty-two pupils of the school have this term obtained Certificates from the English Schools' Swimming Association's Awards for the Handicapped scheme, the latest six at the Advanced level, to obtain which the swimmer has to have already passed the Preliminary and Intermediate grades.

Ann Smith, aged 18, has passed the examination and gained a bronze medal for Verse and Prose Speaking and Reading at the London Academy of Music and Dramatic Art. The examiners described her as having a pleasant, naturally inflected voice, and good diction with expressive and easy characterisation, while her facial play was well concentrated and varied. They felt that Ann had a very good feeling for the rhythm, read expressively and fluently, and had a very good knowledge of plays and poetry.

She passed with 89 per cent of the possible marks, and is now within two examinations of Teacher's Diploma.

## Hawthorn Hall



To mark the opening of their new office equipment division, the Bradford furniture store of Wolfe and Hollander presented a student's desk and chair to Hawthorn Hall, the Assessment Centre for spastics at Guiseley, near Bradford.

Our picture shows the desk being handed over at the preview of the department, by Mr. Edward Wolfe (right), managing director of Wolfe and Hollander. He is seen with Mr. J. D. Johnson, Headmaster of the Assessment Centre.

## Hawthorn Again

A group of children at the Hall gave a puppet show at the end of last term in aid of the Freedom from Hunger Campaign. The staff were requested to give generously since no admission charge was to be made. The children were delighted with their effort and raised the sum of £2.

## The Duke of Edinburgh Award Scheme



The Duke of Edinburgh Award Scheme is designed to give young people full opportunities to make good use of their leisure, by taking part in activities which are both enjoyable and character-building. It is a challenge to the individual.

A group of the Red Cross Cadets at Craig-y-Parc School have entered the scheme with vigour and enthusiasm and are busy working for their Bronze Awards. The picture shows the boys studying maps in preparation for the expedition. This took place on what turned out to be the wettest day of the summer, but spirits were not dampened and the boys spent the night under canvas after a very muddy walk, a meal of their own cooking and a sing-song around the camp fire.



David Jacobs, the leading Television and Radio personality who does so much for spastics, kindly gave up an afternoon recently to visit the Delarue School. He took a keen interest in all the activities of the pupils in and out of the classroom, and was then entertained by the Dyaks, with their repertoire of pop music. (Left to right: Geoffrey Walker, David Jacobs, Graham Burn, Maya Lowther, Ann Smith and Victor Gerhardt)

## Fitzroy Square

WE MADE A MISTAKE last month when we asked readers to send letters to Mr. Frank, Mr. Hargreaves, The Homeworkers Section, Mr. Manderson and Mrs. Rawstone (S.O.S.) at 28 Fitzroy Square. All correspondence should be sent to Park Crescent as formerly, but telephone callers should use the new number, EUSton 2436-7.



# Facing up to a Flat

by Merle Davies

*Merle is a heavily handicapped spastic girl who contrives to hold down a demanding job at the Society's Headquarters (she keeps in touch with the Homeworkers and sorts out their returns) and, with a friend, manages her own home as well. She went to the Delarue School.*

My friend and I came to live in our present flat about a year ago. After living in hostels and bedsitting rooms, where your bedroom, sitting-room, dining-room and kitchen are all within a few square feet, a flat containing four rooms is wonderful.

Ours is a mews flat which was built 60 years ago as stables and servants' quarters for a gentleman living in one of the large stately houses in Wimpole Street. Nowadays mews flats are quite popular, and many have been converted into very attractive homes with gaily painted exteriors. We could hardly believe in our good fortune!

My friend and I met through being members of the same Church, and we firmly believed that God meant us to live together for a time to establish a home and create a homely atmosphere for all who came to visit us. We try to make it attractive and welcoming all the time, and we have worked out a routine so that we don't always have to be doing housework.

My flat-mate and I are different in many ways. She is very methodical and tidy, I—well, not so much. And where I'm a bit of a dreamer, Pat is more practical and realistic. I think that when people with differences of this kind share a flat, there is often something each can give the other, as you can well become too one-sided, and set in your ways. However different we are, mutual liking and a desire to please the other make a good basis for sharing.

## Merle Achieves the Impossible

An incident that I will never be allowed to forget is the time when I burnt a boiled egg. Pat put one on to boil, announced that she was going out for a walk, and would I take it off in ten minutes. I settled down with one of those books your fingers just can't let go of, until about half-an-hour later, the aroma of a burnt egg floated into the sitting room. The saucepan was bone dry and the egg a brown cracked ball. Despite this, I can produce quite an edible meal, I am thankful to say!

## Mop-up to Music

As there are only two of us, chores can be shared without a definite rota being made. We find that it is best to set aside the same night each week for cleaning, and although it's sometimes a great effort after a day's work, we both enjoy it thoroughly. I find it even more enjoyable with music in the background to work to, although my tastes are slightly square. A few hours of hoovering, dusting, polishing and cleaning the bathroom and kitchen is closely followed by a blissful period of relaxation, feet up and a pot of coffee by our side.

## Shopping at One Go

Each Saturday morning we do all the shopping for the week. (This is more or less possible for us, having a 'fridge.)

Where shopping is concerned, I am carefully realistic, as this is where your head can save your legs, and precious shoe leather. Bitter experience has taught me that it is better to make two journeys than to carry too much at once—having once found myself sprawled on the pavement with potatoes and tomatoes falling out of the basket and rolling away before there was time to retrieve them.

## We Know the Feeling . . .

A shopping list helps too, as many who have tried to fight their way backwards to get something they have forgotten in a supermarket will know. Shopping, however, can be great fun, especially when you have come to know the shop-keepers.

## Spend with One Eye Half Open

Isn't budgeting awful? We didn't have the initial expense of furnishing the flat, as this was already done for us. Each week we sit down and work out how much food we will want, and put a certain sum each in the food kitty. Invariably, we exceed this amount, but I think if you have some idea of how much you are going to spend, there is a better chance of avoiding hopeless ruin. Not a good chance, but better. One also has to be prepared for the time when the electric, gas and telephone bills are popped through the letterbox. We find it a good idea to allow for these too by putting away a certain sum of money each week. By doing this, we are strengthened to meet them when they come, though never actually eager.

## Entertaining

Having done all the chores, we can sit back and enjoy the flat: my friend and I share some interests and differ in others. We are both Sunday School teachers and have our lesson to prepare each week. We enjoy having friends to supper, and deciding on menus. About once a year we throw a party, usually managing to squeeze about 30-odd people into our small flat. But I like being lazy with a book, where my friend is a marvellous dressmaker, and makes nearly all her own clothes.

## Flats over Hostels

Having tasted hostel life and flat life, I know definitely that I would choose the latter. I found living in a hostel rather restricting and impersonal . . . there was nothing really that you could call your very own, and change if you did not like it. Having a flat, which you can arrange and run yourself, can be something that is vitally creative if you are a home-maker. If housework, cooking, budgeting for meals and so forth, bores you stiff, then I recommend a hostel, but if you enjoy domestic life, and having a place which is going to reflect your ideas and tastes, then all the problems of managing your own flat diminish, and it is all very worthwhile.





# Book Reviews

## "Jeeneey Ray"

by Iris Dornfield

Secker & Warburg

16s.

ALTHOUGH, for the subject matter alone, this book is of absorbing interest to anyone concerned with the handicapped, it may also be judged on its own merits which are in the best tradition of the modern American novel. Showing the influence of Faulkner, the stream of consciousness technique is very effective here. It evokes an acute physical awareness of the central character's condition. We know what it is like to be locked inside her slow, stumbling body, as well as in her mind. Struggling to prove that she is not a half-wit, she is frustrated by the lack of a word by which to explain herself to the simple, ignorant people among whom she lives, whose savage reactions to anything outside their limited experience are strongly brought out in the description of Jeeneey Ray's only day at school.

After this terrifying experience, she returns to the woods to nourish the seeds of learning planted by her grandmother, whose religious, indomitable spirit, even after her death, urges Jeeneey Ray on to fresh discoveries. The role of teacher is taken over by Jim, the kindly ditch-walker, the only person for a time who believes in the young girl's abilities. Jim understands Jeeneey Ray better than her own brother, Zeke, whose love is mingled with a kind of brooding shame. Zeke's wife, Zelda, has no more real comprehension of Jeeneey Ray's problems, but she brings laughter into her life, and an exuberant life-force which contrasts strongly with the spine-chilling officialdom at Ophir.

The irony of Zelda's maxim, "People should do like people," is shown when Jeeneey Ray gets a job at the Pink Lantern Hotel. The characters here are the dregs of society, observed with a shrewd yet tolerant humanity. Except for the menacing Theresa, we can feel compassion for them all—fat, emotional Tony, the owner of the hotel; Kink, who holds con-

versations with the dead; the religious maniac, Baker, and the Fillipino dishwasher poet, whose love affair with the monumental Scottie adds a touch of Rabelaisian humour to the book.

In fact some readers, led by the rather unsatisfactory title to expect a cosy, sentimental tale, may well be shocked by descriptions of life at the Pink Lantern and by parts of the dialogue. However, one feels this strong language is justified, as the most forceful means of expressing the kind of world in which Jeeneey Ray lives, and renders all the more impressive the spiritual resources by which she overcomes its limitations.

Life at the Pink Lantern is sordid, in the extreme, but it is as a result of her experiences here that Jeeneey Ray eventually discovers the truth about herself. The incessant question, "What am I?" hammers through the book like a refrain, and only at the very end is she given the answer, in one word, which means so much to her. It is a moving climax to this powerful, yet highly sensitive novel.

Anne Plummer.

## Adventure in Curative Education

by Isabel Geuter

New Knowledge Books

12/6d.

FRIEDERICH GEUTER was so well known in the world of education of the severely retarded, that he was entrusted in 1953 by a community of a different faith, with his last great work, to start and develop a home-school for their retarded children. The story of this gifted teacher is told by his wife, who came by chance into work with the mentally handicapped after training in Infant Welfare under Muriel Payne and then as a Child Psychologist. This book holds a great deal of food for thought for all who have accepted the responsibility for the education and care of spastic children, be they parent or therapist, teacher or houseparent. Educational thought and

practice will always be indebted to the handicapped for the stimulation they have given to the development of a deeper understanding of the mind, body and feelings of the growing human being.

### Education is a Healing Therapy

This book once again demonstrates that education is a healing therapy. Woven into this sensitive picture of this much loved personality, who once discussed the question of machines with Mahatma Gandhi, are suggestions about the qualities of a teacher, the importance of the home atmosphere, the use of the subjects in the curriculum, the individualisation of every child, the importance of creativeness as real refreshment. The last 60 pages contain a host of hints to the receptive teacher on the use of play, physical exercises, music and singing, painting, play-acting, modelling, pup-

The *Adventure in Curative Education* is filled with stories of children which remind us that close observation of the handicapped must sooner or later lead to important physiological and psychological research project: stories like that of the child whose sight was so acute that he could only hear in a darkened room. Perhaps the most moving story is of the teenaged spastic boy, so severely handicapped that his speech was affected and he was unable to stand or walk. After patient rehearsals in a play about the prophet Job, in the title role, on the night of the performance, surrounded by an audience of adults, this boy was able to rise, stretch out his palsied arms to make the final motion of blessing with great feeling and dignity. It was his moment, and "when he sank again to his seat one knew that this boy had gained something for life."

J. Le Prevost.



# Letters to the Editor

'IP, 'IP, 'IP . . .

Dear Editor,

Many Group members have tried IPSO for their washing-up, and are so impressed that they are anxious to obtain further supplies. Unfortunately the cost of postage on individual bottles is too high to be economic and so we have been considering how we might help to meet this demand. We are now able to supply IPSO in a pack of five bottles for 13s. 9d. post paid. We hope that any Group member who now wants a bottle will collect four other members and order direct from us. In this way we can keep Group members all over the country supplied with IPSO.

We would like to acknowledge the help we have received from Groups in introducing retailers willing to stock IPSO and to thank them for their interest. Transport charges for small quantities make it necessary for us to ask for minimum orders, but generally speaking we can supply six or more cases of

24 bottles within our budgeted delivery charges, by B.R.S. If anyone knows, therefore, of a retailer who would like a really worthwhile line, would they please refer him to us.

ROBERT A. JUPP,  
Wellington Work Centre,  
24 Waterloo Road, Ipswich.

## FRIENDS' VOICES

Dear Editor,

I have a tape recorder, Philips EL 3514, and would very much like to hear from any readers of SPASTICS NEWS who have the same model—perhaps we could exchange tapes or learn about tape recorders from each other.

(Miss) MARGARET MATHER,  
21 Mulgrave Road,  
Roe Green,  
Worsley, Manchester.

*Exchanging news by tape beats letter-writing hollow—especially for women. Some of these tapes last half-an-hour.*

## "THE SPASTIC FELLOWSHIP"

Dear Editor,

I feel sure you will have heard of our Fellowship, but did you know that we too publish a magazine known as "The Spastic Fellowship" quarterly at 1s. each —(4s.) or plus postage 5s. a year?

This magazine has been in existence 13 years and has a readership, which extends all over the British Isles and abroad, of over 500 people. It is a "family" magazine.

Readers write their life-stories, send in articles, letters and verse and generally look forward to each publication. Many of the spastic children who joined our ranks all over the country have now become adolescent and we would like to contact parents of spastic children and adult spastic people, as we feel we could help them by setting up helpful pen-friendships. We are a friendly crowd of people and would warmly welcome all new readers. We will send a copy of the magazine to any who contact us.

Very best wishes to you all.

AUDREY ANGERS,  
"Angers House" Residential Home,  
2 Church Road,  
Liverpool 15.

## JAYS MEDICAL PRODUCTS 56 AMWELL STREET HODDESDON HERTS

### Sizes and Prices of MEDIC PANTS

*For sufferers of bladder ailments and incontinent spastic people*

MEDIUM	TO FIT	FOUR TO NINE YEARS	4/-
LARGE	„ „	TEENAGERS	5/-
EX. LARGE	„ „	MIDDLE AGED	5/9
O.S.	„ „	60" WAIST LARGE LEG	6/6

**Add 6d. for Recorded Delivery**

**These Pants are made from Super Soft Lanolised Rose-Perfumed Plastic, comfortable, hygienic and stain resistant. They carry the Lux Washability Certificate.**



## CIGARETTE BOX CALENDARS

Dear Editor,

We will have a large collection of calendars in stock, ready September. Orders sent by return.

We can have made up large and small calendars from customers own packets—36 required for either size, imported or overseas designs. These calendars measure approximately 14 in. by 9 in.; 14 in. by 12 in.—3s. each. Postage and packing 1s. 6d. small, 2s. large.

Yours faithfully,  
(Mrs.) V. J. DOVE,  
Supervisor,  
Kingston Work Centre,  
47 Thames Street,  
Kingston-upon-Thames, Surrey.

*These are the famous cigarette packet calendars, made up in a variety of fascinating designs and shapes. They're a bargain.*

## BEDFONT HOLIDAY

Dear Editor,

I should like to take this opportunity of formally recording my appreciation for the week I spent at the Bedfont Hotel, Clacton.

The kindness and consideration of the staff, and the absence of restriction all contributed to a jolly good holiday.

LOGGIE WOOD,  
Prested Hall.

## PEN FRIEND

Dear Editor,

My problem is this; I am registered as a partially blind person. I was discharged from the R.A.F. with night blindness after doing one year's service. I have been unable to get any kind of employment for six years. I have lost touch with my friends who have married and moved. I wonder if there is a young girl in her early 20's that I may write to as a pen pal, who finds herself in the same position as me.

I am 28 years' old and living with my parents, and I hope to get a job in the near future. I do not mind if you cannot help me, but I am sure there must be a disabled girl who finds herself without friends. I do not want the girl to think there are any ties in writing to me—only as a pen-pal. My interests are music and records, and I love all animals.

Yours sincerely,  
DOUGLAS DAVIS,  
4 Worcester Gardens,  
Greenford,  
Middlesex.

*Come on girls, cheer him up. And don't blight each others' lives doing it. There's no need.*

## LIVING IN A FOSTER HOME

Dear Editor,

I HEARD that Miss Merle Davies thought living in a flat was much better than a hostel but I don't agree.

I would like to tell you all how nice it is to live in a foster home. Ours is run by Mr. and Mrs. Scott.

This is the first time I have lived in lodgings run by the Spastics Society. If it was not for these kind of foster homes I do not know how we spastics would get the jobs we have, because a lot of spastics could not leave their parents and live on their own. As I know myself, it is very hard for the Employment Department to get a lot of us spastics jobs near our parents. So we have to be very sensible and take a great plunge in life and leave home and live in lodgings. I am living at Sunningdale House with seven other young spastics and Mr. and Mrs. Scott who look after all of us.

I would like to say how nice it is to live in a house like this. We have a very nice garden to sit in at the weekend, we have a very nice sitting room to sit in the evenings and very nice bedrooms.

All I can say myself is that I am very glad I said I would live in lodgings now, as I know I would not get a job very easily in Dorset where I live. So I left it to the Employment Department to find me lodging, and they could not have found me anything else so nice as they have. And I would like to thank them very much indeed and tell them I am very happy here.

(Miss) M. Butler.

## EQUIPMENT EXCHANGE SERVICE

**Brighton, Hove and District Branch which caters for all ages has for sale or exchange:**

Wright's Tricycle (in first-class condition)

Back Support and Straps

Feet Pedal Supports, with straps (can also be used stationary for strengthening exercises)

value (for exchange purposes)  
£10 0s. 0d.

**They would like in lieu of the above:**

small furniture, tables, chairs, etc.  
The Centre caters for all ages.

## CRAFTSMANSHIP IN WOOD FOR YOUR HOME

Roy Matthews, 15 Victoria Avenue, Wellington, Salop, makes household articles in wood, and can accept orders by post. Prices are:

**Fruit Bowls**—£2 0 0 post free

**Table Lamps**—£1 10 0 post free

**Clothes Horses**—from 8/- to 16/- according to size.

He can also supply various types of wooden handles at modest prices. Enquiries should be sent to Roy direct.

## BILLIARDS AND SNOOKER EXHIBITIONS

### SEPTEMBER

2nd	Cheadle Heath Club, Cheadle Heath, Stockport, Cheshire	Jack Rea
3rd	Bull's Head Hotel, Reddish, Stockport	Joyce Gardner and Jack Rea
4th	Disley Cons. Club, Disley, Cheshire	Joyce Gardner and Jack Rea
5th	Hobsons Sports Club, Wolverhampton	Joyce Gardner and K. Kennerley
5th	St. John's Catholic Club, Wythenshawe, Manchester	Jack Rea
6th	Stanton Workmen's Club, Coventry	Joyce Gardner and Jack Rea
9th	Platts Common Club, Platts Common, near Barnsley, Yorks	Jack Rea
10th	Gildersome Cons. Club, Gildersome, near Leeds	Jack Rea
11th	Northgate Workmens, Mexborough, Yorks	Jack Rea
12th	King Cross Liberal Club, King Cross, Halifax	Jack Rea
12th	Willesdon Workmen's Club, Cricklewood, London	K. Kennerley
13th	Constitutional Club, Kirkby in Ashfield, Notts	Jack Rea
14th	Bell Green Workmen's Club, Bell Green, Coventry	Jack Rea
16th	Old Oscott Workmen's Club, Birmingham, 22	K. Kennerley and Jack Rea
17th	Farsley Cons. Club, Farsley, Pudsey, Yorks	Joyce Gardner and Jack Rea
18th	Captain Cook Country Club, Middlesbrough	Joyce Gardner and Jack Rea
19th	Baildon Cons. Club, Baildon, near Shipley	Joyce Gardner and Jack Rea
20th	Ex-Service Club, Hornsea, Yorks	Joyce Gardner and Jack Rea
24th	Bromford Club, Harrison Road, Birmingham	Jack Rea
25th	Bedford Cons. Club, St. Peter's St., Bedford	K. Kennerley
25th	Premier Billiards Club, Gold St., Northampton	Jack Rea
26th	Memorial Club, Harrison St., Bloxwich, Walsall	K. Kennerley and Jack Rea
27th	Radford Social Club, Radford Rd., Coventry	Jack Rea



# SCHOOLS & CENTRES OF THE SPASTICS SOCIETY

## SCHOOLS

### THE CRAIG-Y-PARC SCHOOL

Pentyrch, Nr. Cardiff.  
Telephone: Pentyrch 397.  
Headmistress:  
Mrs. C. M. Kearslake.  
Chairman of the Management Committee:  
Miss M. B. Jowett, M.B.E.  
Primary and Secondary Education for  
Spastics between 5 and 16 years.  
Accommodation 50.

### THE THOMAS DELARUE SCHOOL

Starvecrow, Shipbourne Road, Tonbridge,  
Kent. Telephone: Tonbridge 4584.  
Headmaster:  
H. B. Davies, Esq., M.B.E., B.Sc.(Econ.).  
Chairman of the Board of Governors:  
Douglas Delarue, Esq., J.P.  
Secondary Modern and Grammar Educa-  
tion for Spastics of 11 years and over.  
Accommodation: 72.

### INGFIELD MANOR SCHOOL

Five Oaks, Nr. Billingshurst, Sussex.  
Telephone: Billingshurst 2294.  
Headmistress: Miss E. M. Varty.  
Education for spastics aged 5-16 reputed  
to be below average intelligence.  
Accommodation: 50.

### IRTON HALL SCHOOL

Holmrook, Cumberland.  
Telephone: Holmrook 242.  
Headmaster:  
John Nelson, Esq.  
Chairman of the Management Committee:  
J. D. Herd, Esq.  
Education for Spastics reputed to be below  
average intelligence.  
Accommodation: 41.

### THE WILFRED PICKLES SCHOOL

Tixover Grange, Duddington,  
Nr. Stamford.  
Telephone: Duddington 212.  
Headmaster:  
R. A. Pedder, Esq.  
Chairman of the Management Committee:  
Eric Smith, Esq.  
Primary and Secondary Education for  
Spastics between 5 and 16 years.  
Accommodation: 62, 8 Day Pupils.

## ASSESSMENT CENTRE

### HAWKSWORTH HALL

Guiseley, Leeds, Yorks.  
Telephone: Guiseley 2914.  
Principal: J. D. Johnson, Esq.  
Assessment Centre for Spastic children  
between 5 and 13 years.  
Accommodation: 24.

\* \* \*

## ADULT CENTRES

### CHESTER OFFICE TRAINING CENTRE

Western Avenue,  
Off Saughall Road,  
Blacon,  
Cheshire.  
Telephone: CHESTER 26987.

### Stockport Branch

Granville House, Parsonage Road, Heaton  
Moor, Stockport.  
Telephone: HEATON MOOR 8776.  
Principal: Mrs. V. S. Parker.  
Vocational Training Centre for Young  
Adult Spastics.  
Accommodation in both units: 35.

### COOMBE FARM

Oaks Road, Croydon, Surrey.  
Telephone: Addiscombe 2310.  
Warden: F. W. Bowyer, Esq., M.A.  
Chairman of the Management Committee:  
R. Meek, Esq.  
Residential Centre for Spastics aged from  
16 to 25 years. Accommodation: 45.

### DARESBUY HALL

Daresbury, Nr. Warrington, Lancs.  
Telephone: Moore 359.  
Warden: F. W. Bellman, Esq.  
Residential Centre for Male Spastics aged  
from 16 to 35 years.  
Accommodation: 34.

### PONDS HOME

Seer Green, Beaconsfield, Bucks.  
Telephone: Jordans 2398/9.  
Warden: Mrs. C. Brown.  
Chairman of the House Committee:  
Mrs. L. Gibb.  
Residential Centre for young adult  
Spastics.  
Accommodation: 52 and 2 holiday beds.

## PRESTED HALL & THE GRANGE

Feering, Kelvedon, Essex.  
Telephone: Kelvedon 482.  
Warden: J. H. Watson, Esq.  
Chairman of the Management Committee:  
Miss Mary Ruck, R.R.C.  
Residential Centre for Spastics aged from  
25 to 40 years. Accommodation: 31.

## THE GRANGE:

High Street, Kelvedon.  
Accommodates 13 Spastics over the age of  
40 years.

## TRAINING CENTRE

### "SHERRARDS"

Digswell Hill, Welwyn, Herts.  
Telephone: Welwyn Garden 22125.  
Principal: E. L. Knight, Esq.  
Chairman of the Management Committee:  
The Hon. Lady Bowes Lyon.  
Vocational Training Centre for young  
adult Spastics. Accommodation: 66.

\* \* \*

## HOLIDAY HOTELS

### ARUNDEL PRIVATE HOTEL

23, The Leas, Westcliff-on-Sea.  
Telephone: Southend 476351.  
Manageress: Miss M. Burden.  
Hotel for Spastics and accompanying rela-  
tives or friends. Accommodation: 19.  
Write to Manageress for bookings.

### BEDFONT HOLIDAY HOTEL

Marine Parade West,  
Clacton-on-Sea, Essex.

### S.O.S. HOLIDAY HOTEL FOR SPASTIC CHILDREN

Colwall Court, Bexhill.  
Telephone: Bexhill 1491.  
Chairman of the Management Committee:  
David Jacobs, Esq. Accommodation: 23.

## SCHOOLS AFFILIATED TO THE SPASTICS SOCIETY

### BIRKENHEAD SCHOOL

43 Shrewsbury Road, Oxtou,  
Birkenhead. Tel.: Claughton 2583.

Headmistress:  
Mrs. M. Collinge, B.A.

Chairman:  
F. H. Campbell, Esq.

Day education and treatment for  
children between the ages of 5 and  
16.

### BIRTENSHAW HALL SCHOOL

Darwen Road, Bromley Cross,  
Bolton. Telephone: Eagley 230.

Headmaster:  
D. A. Hiles, Esq.

Chairman:  
W. Sheppard, Esq.

Special education and therapy for 36  
spastic children between the ages of  
5 and 16. 19 residential and 17 day  
pupils.

### DAME HANNAH ROGERS SCHOOL

Ivybridge, Devon.  
Telephone: Ivybridge 461.

Headmistress:  
Miss B. G. Sutcliffe.

Chairman:  
Norman Capener, Esq., F.R.C.S.

Residential School for 50 cerebral  
palsied children, boys and girls, be-  
tween the ages 5 and 16.

### PERCY HEDLEY SCHOOL

Forest Hall, Newcastle-on-Tyne 12.  
Telephone: Newcastle 66-5491/2.

Headmistress:  
Mrs. E. M. Caldwell, N.F.F.

Chairman:  
Alderman J. Gray, J.P.

Special education for severely dis-  
abled children with cerebral palsy  
who live in the Five Northern  
Counties.

Accommodation: 32 Day pupils.  
40 Boarders.



# AFFILIATED GROUPS and Local Centres of The Spastics Society

## Eastern Region

Boston District Branch  
Chesterfield and District Spastics Society **TC**  
Derby and District Branch **T**  
Grantham & District Friends of Spastics  
Grimsby, Cleethorpes and District Friends of Spastics Society  
Ipswich and East Suffolk Spastics Soc. **W**  
Leicester and Leicestershire Spastics Society **TC**  
Lincoln Branch  
Loughborough and District Spastics Soc.  
Mansfield and District Friends of Spastics Group **O**  
Newark and District Friends of Spastics Group  
Norfolk and Norwich Spastic Assoc.  
Northampton & County Spastics Soc. **TE**  
Nottingham and District Friends of Spastics Group **TEC**  
Peterborough and District Spastics Group **O**  
Scunthorpe and District Spastic Society  
Stamford and District Branch  
(Regional Officer: H. G. Knight, 28 Priestgate, Peterborough, Northants. Tel: 67045). Reg. Social Worker, Miss H. M. Day, St. Colomba's Hall, 35a St. Andrews St., Cambridge

## Midland Region

Cannock Chase Spastic Association  
Coventry and District Spastics Society **R**  
Dudley and District Spastic Group **T**  
North Staffordshire Spastic Association **T**  
Shrewsbury and District Spastics Group  
Stafford and District Spastic Association  
Worcester and District Branch  
(Officer to be appointed)

## North-Eastern Region

Barnsley and District Association **C**  
Bradford and District Branch  
Castleford and District Spastics Committee  
Darlington and District Spastics Soc. **H**  
Dewsbury and District Spastics Society  
Goole and District Spastics Association  
Halifax and District Spastic Group **W**  
Huddersfield and District Spastics Soc.  
Hull Group, The Friends of Spastics Society in Hull and District **H**  
Leeds and District Spastics Society **O**  
Pontefract and District Spastics Assn.  
Rawmarsh and Parkgate Spastics Society  
Sheffield and District Spastics Soc. **TEOC**  
South Shields and District Spastics Society **C**  
Sunderland and District Spastics Society  
Tees-side Parents and Friends of Spastics **TE**  
York and District Spastics Group **TC**  
(Reg. Off: R. J. F. Whyte, Royal Chambers, Station Parade, Harrogate. Tel: 69655)

## North-Western Region

Barrow-in-Furness and District Spastic and Handicapped Children's Society **C**  
Birkenhead Spastic Children's Soc. **TEC**  
Blackburn and District Spastics Group  
Blackpool and Fylde Spastic Group **CW**  
Bolton and District Group **TE**  
Burnley Area and Rossendale Spastics Group  
Chester and District Spastic Assoc.  
Crewe and District Spastics Society **TO**  
Crosby and District Spastics Society

Cumberland, Westmorland and Furness Spastics Society **H**  
Lancaster, Morecambe and District Spastics Society  
Manchester & Dist. Spastics Soc. **TCE**  
Oldham & District Spastics Society **CT**  
Preston and District Spastic Group **CT**  
Sale, Altrincham and District Spastics Society **RTEC**  
Southport, Formby and District Spastics Society  
Stockport, East Cheshire and High Peak Spastics Society **TOC**  
Urmston and District Group **TC**  
Warrington Group for the Welfare of Spastics  
Widnes Spastics Fellowship Group  
(Reg. Off: T. H. Keighley, 20 Brazen-nose Street, Manchester. Tel: Blackfriars 6130)

## Northern Home Counties Region

Bedford and District **TOW**  
Bishop's Stortford and District Group, Herts Spastics Society **E**  
Central Middlesex Spastics Welfare Society **W**  
Clacton and District Group  
Colchester and District Group  
East Herts Group, Herts Spastics Society  
East London Spastic Society **H**  
Epping Forest and District Branch **TO**  
Essex Group  
Harlow and District Branch  
Hatfield and District Group, Herts Spastics Society  
Hemel Hempstead and District Group, Herts Spastics Society  
Hitchin and District Friends of Spastics, Herts Spastics Society  
Ilford, Romford and District Spastics Association **O**  
Luton, Dunstable and District Spastics Group **T**  
Maidenhead Friends of Spastics Group  
North London Area Association of Parents and Friends of Spastics **T**  
North-West London Group **O**  
Oxfordshire Spastics Welfare Society **TC**  
Reading and Berkshire Spastics Welfare Society  
Slough and District Spastics Welfare Society  
Southend-on-Sea and District Spastics Society **O**  
South-West Middlesex Group **T**  
St. Albans and District Group, Herts Spastics Society **T**  
Walthamstow and District Spastics Society  
Watford and District Group, Herts Spastic Society **TC**  
Welwyn Garden City and District Group, Herts Spastics Society  
Wycombe and District Spastics Society **T**  
(Reg. Off: R. C. Lemarie, 524 St. Alban's Road, North Watford. Tel: 41565). Reg. Soc. Worker, Miss Ballance, same address

## South-Eastern Region

Bournemouth, Poole and District Spastics Society **CTE**  
Brighton, Hove and District Branch **TOC**  
Central Surrey Group  
Croydon and District Branch **TEWC**  
East Sussex Group **TC**  
Folkestone and District Branch **H**  
Isle of Wight Group **TE**  
Maidstone Area Spastic Group **OT**  
Medway Towns Branch **T**  
North Hants and West Surrey Group **TEC**  
North Surrey Group **W**  
North-West Kent Spastics Group **W**  
North-West Surrey Group **TEC**  
Portsmouth and District Spastics Society **W**  
Southampton and District Spastics Association **TOWC**  
South-East London Group **T**  
South-East Surrey Spastics Group (Redhill) **TO**  
South London Group  
South-West London and District Group  
South-West Surrey Group **T**  
Thanet Group  
Tunbridge Wells, Tonbridge and Area Group  
West Kent Spastics Society, Incorporating Bromley and District Spastics Group **W**  
Winchester and District Spastics Group  
(Reg. Off: H. J. I. Cunningham 29b Linkfield Lane, Redhill, Surrey. Tel.: Redhil' 3944 and 2250). Reg. Social Worker, Mrs. Chinchin, same address

## Welsh Region (including Mon.)

Cardiff and District Spastic Assoc. **TC**  
Colwyn Bay and District Spastics Society  
Conway and District Branch  
Flint Borough Spastics Association  
Kenfig Hill and District Spastics Soc. **CT**  
Merthyr Tydfil and District Spastics Soc.  
Montgomeryshire Spastics Society  
Pontypridd and District Group  
Swansea and District Spastics Association **CW**  
(Reg. Off: B. Kingsley-Davies, 2 Saunders Road, Cardiff. Tel: 29289). Reg. Social Worker, Miss Davey, same address

## Western Region

Bath and District Spastics Society  
Bridgwater and District Friends of Spastics Association **T**  
Bristol Spastics Association **CTOW**  
Cheltenham Spastic Aid Association **ET**  
Cornish Spastics Society  
Exeter and Torbay Spastics Society **T**  
Plymouth Spastic (CP) Assoc. **COETW**  
Swindon and District Spastic Society  
Yeovil and District Spastics Welfare Society  
(Reg. O: Mrs. A. Mansel-Dyer, St. John House, 60 Staplegrove Road, Taunton, Somerset. Tel: 81678)  
Jersey Spastic Society

## Chief Regional Officer:

(A. M. Frank, M.C., M.A., 12 Park Cresc., London, W.1.)

## Local Projects Secretary:

(D. Lancaster-Gaye, 12 Park Cresc., London, W.1.)

## Key:

**T**—Treatment Available  
**E**—Education  
**O**—Occupational Centre  
**W**—Work Centre  
**H**—Holiday Home  
**C**—Child Care  
**R**—Residential Centre



